



BASC Newsletter

July 2017

The Home of Competitive Swimming for Bo'ness, Linlithgow & Surrounding Areas

21st Annual BASC Mini Meet

On Sunday 1st October the Club will be hosting its 21st Annual Mini Meet at Grangemouth Sports Complex. This event is open to swimmers between 7 and 12 years of age and is a popular meet amongst the local clubs. In addition, it is an important source of income for the Club and helps support our training programme for our swimmers—everyone benefits!

We are looking for volunteers from parents of children across all squads to assist with the organisation of this event. Tasks are not onerous and many hands make light work. Nearer the time the Club will also be looking for donations of raffle, tombola prizes and sponsorship of the individual events. If you would be willing to help, please contact Myles Gorton our Gala Convenor on galas@bonessasc.org.

Midlothian Minnows Success

Congratulations to all those swimmers who took part in the Midlothian Minnows meet on 4th June. It was a storming day for medals and PBs. Well done to all those athletes who competed. Here are some of the highlights:

Samuel Beetham took Silver in 50m Back, Bronze 50m Breast and 50m Free in 10yr Boys category.

Aidan McCavish took Bronze in 25m Fly, 25m Breast & 25m Free in 9yr Boys category.

Aoife Glen took Bronze in 50m Back & 50m Free in 10yr Girls category.

Ishbel Hamilton took Silver in 25m Back in 9yr Girls category.

Holly Willoughby took Silver in 50m Free in 10yr Girls category.

Improvers Swimmers of the Month



June saw two of our Improvers swimmers pull out all the stops to make it a difficult decision for coach, Susan Grant, to select only one recipient. Congratulations to both Amy McLeod and Joseph Donlevy who are June's Swimmers of the Month. Well done!



Aquanauts Success

The Club had a successful time at the Aquanauts Meet on Sunday 25th June in Bathgate. Gold squad swimmers performed extremely well bringing in medal positions and PBs. **Joy Drummond**, **Eilidh Gorton** and **Fionnlagh McGuire** all competed in 400m and 200m events with all three achieving PBs in every race! Joy Drummond took Silver for 200m Breast and Bronze for 400m Freestyle, and Eilidh Gorton took Silver for the 200m Backstroke. Well done to all swimmers and thank you to those parents who undertook timekeeping du-

Holiday Training Schedule Available

The summer holiday training schedule is now available on the website under the 'training sessions' tab or access here [Holiday Training Schedule](#). Please check times, dates and location for your child's squad during the school holidays.

This Month:

21st BASC Mini Meet

Midlothian Minnows

Aquanauts Success

FVJL Success

Holiday Training

Improvers Swimmers
of the Month

Farewell Presentation

Parent Reps

Poolside Whites

Squad Movers

Cumbernauld Success

New Members

Diary Dates

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Ross & Sandy—Farewell Presentation

Ross and Sandy Stephen popped in to the Club between training sessions to receive a presentation of thanks and farewell. Many of you will know that Ross and Sandy have been an integral part of BASC for many years and their dedication, hard work and commitment has contributed to making the Club the success it is today.



Parent Representative Developers & Improvers

We are looking for two parent representatives with swimmers in the **Development** and **Improvement** squads to join us at our committee meetings. This is not a formal Committee role, but recognition that there is currently little representation of the junior squads at the committee meetings. It would be appreciated if a parent from each of these squads could attend these monthly meetings to ensure all levels of the club are represented. If you are interested in coming along once a month please get in touch with either [Mike](#) or [Myles](#).

Poolside Whites

Sandra Knight our Swimming Technical Officer, has been asked to remind any poolside volunteers to ensure that they wear white clothing and white footwear when officiating. This is a general reminder that has gone to all clubs as there has been a variety of coloured footwear appearing poolside at recent meets. The FINA rules state that officials should be in whites which includes footwear. BASC very much appreciates the support given in any volunteering capacity.

Cumbernauld Open Age Group Meet

Well done to those Gold & Silver squad swimmers who competed at the Cumbernauld Open Age Group Meet in June. It was another successful event with many PBs being achieved.

Movers Congratulations

Congratulations to **Aidan Quinn**, **Lucy Helen**, **Gregor Skinner** and **Joseph Donlevy** on their move from Improvers to Bronze squad. Well done everyone!

Next Trial Evening
6pm Thursday 3rd August
Bo'ness Recreation Centre

New Club Members

A warm welcome to **Fraser Gemmell**, **Zoe McKie**, **Robyn Snedden**, **Murray Leitch**, **Isaac Walton** and (after a wee break) **Sam McGrow** who have all joined the Developers squad.

Diary Dates

FVJL—Swimmers TBC

Sunday 20th August at Bathgate Xcite

Central Swimming Championships—Bronze, Silver, Gold

Sunday 3rd September at Grangemouth Sports Complex

Autumn Swim Meet—Squads TBC

Sunday 17th September—The Peak, Stirling

Bo'ness Annual Mini Meet—Squads TBC

Sunday 1st October at Grangemouth Sports Complex

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