



BASC Newsletter

November 2015

BASC Swim Shop

Just a reminder that the SwimShop now has the new BASC swimming kit in stock.



BASC Timekeeper and Official Polo Shirts are also available to order.

How to Order:

Jackie MacKay is our SwimShop representative and you can catch up with Jackie on a Thursday evening at the Recreation Centre from 6:00 - 7:15 pm, or email her directly with your order enquiries: swimshop@bonessasc.org

Christmas Order Deadline:

Note that for delivery in time for Christmas Jackie needs to have received your order before November 22nd.

Personalised Caps:

Anyone interested in placing an order for a personalized BASC swimming cap, please let Jackie know as it will only be possible to order these if we have sufficient numbers.

Former BASC Swimmer - BBC Young Sports Personality of the Year?

Duncan Scott, a former BASC & FIRST swimmer has been put forward by British Swimming for BBC Young Sports Personality of the Year. To be successful he needs your nominations.

Please consider nominating Duncan by completing the nomination form attached to the email sent out at the beginning of October.

Club Championships & Disco - Saturday 5th December

The BASC Annual Club Championship and Disco is fast approaching. This is a great night and the swimmers decide what the evenings theme will be. Watch out for further updates by email.

Raising money for BASC when you shop online



Interested in an easy, painless way to help raise funds for your swimming club and you don't even have to leave the house to do it... ?

By signing up to easyfundraising.org.uk and going through their website first before making purchases on your favorite online store, the retailer will donate towards your chosen cause. BASC is an eligible cause and is already registered with easyfundraiser.org.uk

This is great way to help raise some extra money for the club which can then be ploughed back into improving facilities for our swimmers. You can find out more about easyfundraising.org.uk and how it works at the following address: <http://www.easyfundraising.org.uk/how-it-works/>

Swim Success

BASC Mini Meet, Sunday 4th October

Over 300 swimmers from 17 different clubs competed at this years BASC Mini Meet. BASC had 33 swimmers competing and took 5 Golds, 4 Silver and 2 Bronze medals over the course of the day.

A fuller write up is still available on the BASC Facebook page, but again a big thank you to everyone who turned up, helped out, & donated to the Tombola. Between the Tombola, Raffle and Entry approx. £1300 was raised!

Alloa Graded Meet, Saturday 24th & Sunday 25th October

Another good show for BASC at the Alloa Graded Meet at The Peak Sports Village in Stirling. 11 swimmers in total competed over the two day meet which saw BASC swimmers walking away with

- 2 Golds (Douglas Calder: 10&U 100m Free & 100m IM),
- 2 Silver (Douglas Calder: 10&U 200m Free, Liam Murphy 11-12 50m Breast)
- and 3 Bronze medals (Liam Murphy 11-12 50m Back, Max Gemmell 13-14 200m IM, James Osborne 13-14 50m Back).

A lot of new PB's were set with impressive swims from all the BASC competitors. Top improvers include Juliet Biddulph with a 22 sec PB 200m Back, Cara Farquharson 20 sec PB for 200m Freestyle and Liam Murphy with a 20sec PB in his 200m Freestyle. Well done to all!

DCA Autumn Open Meet - FIRST, Saturday 24th & Sunday 25th Oct

Three BASC swimmers attended the DCA Autumn Open Meet at the Olympia in Dundee representing FIRST.

Over the two days BASC swimmers took

- 3 Golds (Niamh Tierney: Girls 9-11 100m Back, 100m Free & 200m Back),
- 1 Silver (Kirstyn Calder: Girls 13 100m Free) and
- 1 Bronze (Niamh Tierney: Girls 9-11 100m Butterfly).

The girls certainly put in a strong performance with each of them setting new PB's in just about every event. Top PB goes to Rachel Christie who improved her 400m IM time by some 16 secs.

November Diary Dates

Fauldhouse Penguins - Eian Prentice Memorial Gala (Improvers & Bronze Squads)

Sunday 8th Nov - Deans Community High School, Livingston

West District Short Course Championship (Qualifiers)

Saturday 14th & Sunday 15th Nov - Tryst Sports Centre, Cumbernauld

BASC Internal Winter Time Trial (All squads)

Thursday 19th Nov - Boness Recreation Centre

National Swimming Academy Training Day (Silver & Gold Squads)

Sunday 22nd Nov - National Swimming Academy, Stirling

Forth Valley Junior League (Selected Swimmers only)

Sunday 22nd Nov - Xcite, Bathgate

Dumfries Advent Meet (Silver & Gold Squads only)

Saturday 28th & Sunday 29th Nov - Sir Matt Busby Sports Centre, Bellshill

Central Schools Championships (Qualifiers)

Sunday 29th November - Grangemouth Sports Complex

